



## 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

### Detailed evaluation

**Straub, Wolfgang**

Club: Weimar

Number: 1282

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:32

Speed: 13.78 km/h

Running performance: 4:21 min/km

Rank in course/Total: 113 (of 618)

Rank in course/Men: 106 (of 500)

Best time in course: 31:03

Rank in category: 42(of 171)

Best time in the category: 34:32

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|---------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Runde               | 2.00        | 8:34          | 4:16            | 38          | 1:56           | 108        | 2:31          | 2.00        | 8:34          | 4:16            | 27          | 0:04           | 11         | 0:04          |
| Runde               | 2.00        | 8:41          | 4:20            | 42          | 1:50           | 119        | 2:35          | 4.00        | 17:15         | 4:18            | 44          | 2:57           | 129        | 4:57          |
| Runde               | 2.00        | 8:47          | 4:23            | 36          | 1:39           | 104        | 2:33          | 6.00        | 26:02         | 4:20            | 5           | 4:22           | 11         | 7:30          |
| Runde               | 2.00        | 8:55          | 4:27            | 39          | 1:55           | 110        | 2:39          | 8.00        | 34:57         | 4:22            | 42          | 5:58           | 126        | 10:09         |
| Leichtathletikhalle | 2.00        | 8:35          | 4:17            | 37          | 1:40           | 102        | 2:24          | 10.00       | 43:32         | 4:21            | 42          | 9:00           | 107        | 17:04         |