



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Wagner, Philipp

Club: TSV Plaue

Number: 1394

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 46:40

Speed: 12.86 km/h

Running performance: 4:40 min/km

Rank in course/Total: 201 (of 618)

Rank in course/Men: 187 (of 500)

Best time in course: 31:03

Rank in category: 44(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	9:30	4:45	49	3:27	215	3:27	2.00	9:30	4:45	56		75	1:00
Runde	2.00	9:15	4:37	43	3:01	195	3:09	4.00	18:45	4:41	69	0:12	135	6:27
Runde	2.00	9:23	4:41	49	3:09	198	3:09	6.00	28:08	4:41	69		132	9:36
Runde	2.00	9:24	4:42	45	3:08	179	3:08	8.00	37:32	4:41	69		132	12:44
Leichtathletikhall	2.00	9:08	4:33	45	2:57	180	2:57	10.00	46:40	4:39	45	20:12	188	20:12