



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Artes, Peter

Club: Erfurt

Number: 1168

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:28

Speed: 13.80 km/h

Running performance: 4:21 min/km

Rank in course/Total: 111 (of 618)

Rank in course/Men: 103 (of 500)

Best time in course: 31:03

Rank in category: 39(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:24	4:12	30	1:46	91	2:21	2.00	8:24	4:12	28		79	
Runde	2.00	8:34	4:16	35	1:43	102	2:28	4.00	16:58	4:14	2	2:40	7	4:40
Runde	2.00	8:49	4:24	40	1:41	110	2:35	6.00	25:47	4:17	44	4:07	137	7:15
Runde	2.00	8:59	4:29	44	1:59	118	2:43	8.00	34:46	4:20	5	5:47	11	9:58
Leichtathletikhalle	2.00	8:42	4:20	44	1:47	117	2:31	10.00	43:28	4:20	39	8:56	104	17:00