



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Mey, Seline

Club: SV Sömmerda

Number: 146

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 17:12

Speed: 13.95 km/h

Running performance: 4:18 min/km

Rank in course/Total: 60 (of 389)

Rank in course/Women: 12 (of 140)

Best time in course: 14:03

Rank in category: 2 (of 6)

Best time in the category: 15:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	8:23	4:11	2	0:52	11	1:24	2.00	8:23	4:11	2	0:52	11		
Leichtathletikhalle	2.00	8:49	4:24	2	0:34	12	1:45	4.00	17:12	4:17	2	1:26	12	3:09	