



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Prescher, Lothar**

Club: Ibikus SC

Number: 1094

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 55:15

Speed: 10.86 km/h

Running performance: 5:31 min/km

Rank in course/Total: 483 (of 618)

Rank in course/Men: 419 (of 500)

Best time in course: 31:03

Rank in category: 77(of 89)

Best time in the category: 36:19

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Runde	2.00	11:19	5:39	72	4:19	423	5:16	2.00	11:19	5:39	65	2:55	127	2:49
Runde	2.00	10:39	5:19	73	3:21	402	4:33	4.00	21:58	5:29	85	1:17	202	9:40
Runde	2.00	11:03	5:31	77	3:42	417	4:49	6.00	33:01	5:30	85	2:03	199	14:29
Runde	2.00	11:09	5:34	76	3:48	411	4:53	8.00	44:10	5:31	85	2:49	199	19:22
Leichtathletikhalle	2.00	11:05	5:32	77	3:46	415	4:54	10.00	55:15	5:31	77	18:56	420	28:47