



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Knoll, Martin**

Club: LG Bad Frankenhausen / Göllingen  
Number: 288

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Männer (20-29 Jahre)

Total time: 17:26

Speed: 13.77 km/h

Running performance: 4:22 min/km

Rank in course/Total: 62 (of 389)

Rank in course/Men: 50 (of 249)

Best time in course: 11:54

Rank in category: 9(of 23)

Best time in the category: 11:54

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:23	4:11	10	2:24	49	2:24	2.00	8:23	4:11	15	0:03	44	2:23
Leichtathletikhäl	2.00	9:03	4:31	12	3:09	63	3:09	4.00	17:26	4:21	9	5:32	50	5:32