



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Samtleben, Klaus

Club: Siemens Erfurt

Number: 1465

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 50:52

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 334 (of 618)

Rank in course/Men: 304 (of 500)

Best time in course: 31:03

Rank in category: 48(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:50	4:55	39	2:50	260	3:47	2.00	9:50	4:55	59	1:26	141	1:20
Runde	2.00	9:56	4:58	46	2:38	303	3:50	4.00	19:46	4:56	68		218	7:28
Runde	2.00	10:08	5:03	46	2:47	298	3:54	6.00	29:54	4:59	68		215	11:22
Runde	2.00	10:32	5:15	59	3:11	344	4:16	8.00	40:26	5:03	68		215	15:38
Leichtathletikhalle	2.00	10:26	5:13	60	3:07	356	4:15	10.00	50:52	5:05	48	14:33	305	24:24