



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kahl, Patrick

Club: SV-Olympia

Number: 1521

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 51:21

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 357 (of 618)

Rank in course/Men: 322 (of 500)

Best time in course: 31:03

Rank in category: 66(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:01	5:30	69	4:58	398	4:58	2.00	11:01	5:30	3	1:13	160	2:31
Runde	2.00	10:17	5:08	65	4:03	364	4:11	4.00	21:18	5:19	15	2:45	236	9:00
Runde	2.00	10:18	5:09	64	4:04	332	4:04	6.00	31:36	5:15	15	2:46	236	13:04
Runde	2.00	10:15	5:07	63	3:59	306	3:59	8.00	41:51	5:13	15	3:07	236	17:03
Leichtathletikhalle	2.00	9:30	4:45	56	3:19	237	3:19	10.00	51:21	5:08	67	24:53	323	24:53