



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Böhm, Andreas

Club: SG Dynamo62 Seebach

Number: 1055

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 48:28

Speed: 12.38 km/h

Running performance: 4:51 min/km

Rank in course/Total: 261 (of 618)

Rank in course/Men: 241 (of 500)

Best time in course: 31:03

Rank in category: 33(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:56	4:58	40	2:56	275	3:53	2.00	9:56	4:58	7	1:32	201	1:26
Runde	2.00	9:40	4:49	36	2:22	252	3:34	4.00	19:36	4:54	18		291	7:18
Runde	2.00	9:38	4:48	31	2:17	232	3:24	6.00	29:14	4:52	18		288	10:42
Runde	2.00	9:53	4:56	36	2:32	253	3:37	8.00	39:07	4:53	18		288	14:19
Leichtathletikhalle	2.00	9:21	4:40	25	2:02	215	3:10	10.00	48:28	4:50	33	12:09	242	22:00