



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Perec, Julian

Club: ANNA KRAM: Laufend helfen

Number: 236

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Männer (20-29 Jahre)

Total time: 18:32

Speed: 12.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 88 (of 389)

Rank in course/Men: 70 (of 249)

Best time in course: 11:54

Rank in category: 13(of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:05	5:02	15	4:06	124	4:06	2.00	10:05	5:02	14	1:45	58	4:05
Leichtathletikhalle	2.00	8:27	4:13	8	2:33	39	2:33	4.00	18:32	4:38	13	6:38	70	6:38