



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Daetz, Paul

Club: Waldems

Number: 1724

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 48:00

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 246 (of 618)

Rank in course/Men: 230 (of 500)

Best time in course: 31:03

Rank in category: 9(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:51	4:55	11	3:35	261	3:48	2.00	9:51	4:55	8		238	1:21
Runde	2.00	9:22	4:41	9	2:47	209	3:16	4.00	19:13	4:48	8		110	6:55
Runde	2.00	9:44	4:51	9	3:03	244	3:30	6.00	28:57	4:49	8		111	10:25
Runde	2.00	9:39	4:49	9	2:56	217	3:23	8.00	38:36	4:49	8		328	13:48
Leichtathletikhalle	2.00	9:24	4:42	9	2:47	225	3:13	10.00	48:00	4:47	9	15:08	231	21:32