



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Leistner, Andrea

Club: SPVGG Faulungen21

Number: 1485

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 54:08

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 453 (of 618)

Rank in course/Women: 56 (of 118)

Best time in course: 36:13

Rank in category: 18(of 40)

Best time in the category: 44:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:50	5:25	22	2:21	65	3:50	2.00	10:50	5:25	37	2:21	43	3:03
Runde	2.00	10:47	5:23	22	1:55	65	3:29	4.00	21:37	5:24	37	4:16	49	3:53
Runde	2.00	10:49	5:24	17	1:45	54	3:28	6.00	32:26	5:24	37	6:01	49	5:59
Runde	2.00	10:51	5:25	12	1:41	48	3:32	8.00	43:17	5:24	37	7:42	49	8:02
Leichtathletikhalle	2.00	10:51	5:25	19	1:41	57	3:36	10.00	54:08	5:24	18	9:23	56	17:55