



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Drehmann, Sissy

Club: Bad Tennstedt

Number: 1896

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Frauen (20-29 Jahre)

Total time: 56:40

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 508 (of 618)

Rank in course/Women: 73 (of 118)

Best time in course: 36:13

Rank in category: 13(of 18)

Best time in the category: 36:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:04	5:31	12	4:04	69	4:04	2.00	11:04	5:31	8	3:31	54	3:17
Runde	2.00	10:53	5:26	13	3:35	69	3:35	4.00	21:57	5:29	1	-	61	4:13
Runde	2.00	11:23	5:41	13	4:02	75	4:02	6.00	33:20	5:33	1	-	61	6:53
Runde	2.00	11:43	5:51	13	4:24	79	4:24	8.00	45:03	5:37	1	-	61	9:48
Leichtathletikhalle	2.00	11:37	5:48	14	4:22	86	4:22	10.00	56:40	5:39	13	20:27	73	20:27