



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Walleit, Pascal

Club: LG Bad Frankenhausen

Number: 337

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Männer (20-29 Jahre)

Total time: 18:19

Speed: 13.10 km/h

Running performance: 4:35 min/km

Rank in course/Total: 82 (of 389)

Rank in course/Men: 66 (of 249)

Best time in course: 11:54

Rank in category: 11(of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:45	4:22	12	2:46	56	2:46	2.00	8:45	4:22	11	0:25	63	2:45
Leichtathletikhalle	2.00	9:34	4:46	14	3:40	88	3:40	4.00	18:19	4:34	11	6:25	66	6:25