



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kelm, Erika

Club: Erfurt

Number: 1733

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 57:08

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 520 (of 618)

Rank in course/Women: 77 (of 118)

Best time in course: 36:13

Rank in category: 8(of 13)

Best time in the category: 46:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:48	5:24	7	1:33	64	3:48	2.00	10:48	5:24	7	0:13	56	3:01
Runde	2.00	11:23	5:41	9	2:18	84	4:05	4.00	22:11	5:32	9	3:18	63	4:27
Runde	2.00	11:32	5:46	8	2:05	79	4:11	6.00	33:43	5:37	9	5:00	63	7:16
Runde	2.00	11:37	5:48	7	2:02	75	4:18	8.00	45:20	5:40	9	7:00	63	10:05
Leichtathletikhalle	2.00	11:48	5:54	8	2:34	91	4:33	10.00	57:08	5:42	8	10:29	77	20:55