



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schneider, Gitta

Club: SG Vessertal

Number: 1490

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 58:32

Speed: 10.25 km/h

Running performance: 5:51 min/km

Rank in course/Total: 549 (of 618)

Rank in course/Women: 88 (of 118)

Best time in course: 36:13

Rank in category: 32 (of 40)

Best time in the category: 44:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:03	5:31	23	2:34	68	4:03	2.00	11:03	5:31	4	2:34	62	3:16
Runde	2.00	11:22	5:41	30	2:30	83	4:04	4.00	22:25	5:36	4	5:04	69	4:41
Runde	2.00	11:54	5:57	33	2:50	90	4:33	6.00	34:19	5:43	4	7:54	69	7:52
Runde	2.00	12:20	6:10	36	3:10	95	5:01	8.00	46:39	5:49	4	11:04	69	11:24
Leichtathletikhalle	2.00	11:53	5:56	37	2:43	95	4:38	10.00	58:32	5:51	32	13:47	88	22:19