



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Lindner, Wilhelm

Club: Schotte e.V.

Number: 1378

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 50:33

Speed: 11.87 km/h

Running performance: 5:04 min/km

Rank in course/Total: 326 (of 618)

Rank in course/Men: 297 (of 500)

Best time in course: 31:03

Rank in category: 64(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:40	5:49	76	5:37	447	5:37	2.00	11:40	5:49	37	1:52	229	3:10
Runde	2.00	10:30	5:15	69	4:16	390	4:24	4.00	22:10	5:32	40	3:37	361	9:52
Runde	2.00	10:06	5:02	58	3:52	292	3:52	6.00	32:16	5:22	40	3:26	358	13:44
Runde	2.00	9:27	4:43	49	3:11	192	3:11	8.00	41:43	5:12	40	2:59	358	16:55
Leichtathletikhalle	2.00	8:50	4:25	36	2:39	138	2:39	10.00	50:33	5:03	65	24:05	298	24:05