



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Maternowski, Christian

Club: N3 Sportverein

Number: 1339

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 53:05

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 414 (of 618)

Rank in course/Men: 369 (of 500)

Best time in course: 31:03

Rank in category: 68(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|---------------------|-------|-------|--------|------|------|--------|------|-------|-------|--------|------|-------|--------|-------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Runde | 2.00 | 11:31 | 5:45 | 75 | 5:28 | 439 | 5:28 | 2.00 | 11:31 | 5:45 | 35 | 1:43 | 271 | 3:01 |
| Runde | 2.00 | 10:41 | 5:20 | 71 | 4:27 | 406 | 4:35 | 4.00 | 22:12 | 5:32 | 38 | 3:39 | 365 | 9:54 |
| Runde | 2.00 | 10:36 | 5:17 | 67 | 4:22 | 369 | 4:22 | 6.00 | 32:48 | 5:27 | 38 | 3:58 | 380 | 14:16 |
| Runde | 2.00 | 10:39 | 5:19 | 68 | 4:23 | 357 | 4:23 | 8.00 | 43:27 | 5:25 | 38 | 4:43 | 362 | 18:39 |
| Leichtathletikhalle | 2.00 | 9:38 | 4:48 | 59 | 3:27 | 251 | 3:27 | 10.00 | 53:05 | 5:18 | 69 | 26:37 | 370 | 26:37 |