



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Eichler, Steven

Club: Sbk

Number: 1446

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 53:06

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 415 (of 618)

Rank in course/Men: 370 (of 500)

Best time in course: 31:03

Rank in category: 69(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:27	4:43	48	3:24	210	3:24	2.00	9:27	4:43	31		321	0:57
Runde	2.00	10:55	5:27	75	4:41	425	4:49	4.00	20:22	5:05	34	1:49	419	8:04
Runde	2.00	11:03	5:31	75	4:49	417	4:49	6.00	31:25	5:14	34	2:35	225	12:53
Runde	2.00	11:04	5:31	71	4:48	403	4:48	8.00	42:29	5:18	34	3:45	416	17:41
Leichtathletikhalle	2.00	10:37	5:18	71	4:26	372	4:26	10.00	53:06	5:18	70	26:38	371	26:38