



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hiese, Jonas

Club: SLG Bad Langensalza

Number: 119

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 18:44

Speed: 12.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 91 (of 389)

Rank in course/Men: 73 (of 249)

Best time in course: 11:54

Rank in category: 8(of 13)

Best time in the category: 14:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 9:06 | 4:32 | 9 | 2:15 | 72 | 3:07 | 2.00 | 9:06 | 4:32 | 7 | 2:15 | 72 | 3:06 |
| Leichtathletikhäl | 2.00 | 9:38 | 4:48 | 10 | 2:27 | 92 | 3:44 | 4.00 | 18:44 | 4:41 | 8 | 4:42 | 73 | 6:50 |