



## 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

### Detailed evaluation

**Stiebritz, Anja**

Club: Erfurt

Number: 1246

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 1:02:37

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 589 (of 618)

Rank in course/Women: 105 (of 118)

Best time in course: 36:13

Rank in category: 31(of 34)

Best time in the category: 38:37

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| Runde               | 2.00        | 12:27         | 6:13            | 30          | 5:03           | 102          | 5:27            | 2.00        | 12:27         | 6:13            | 1           | -              | 89           | 4:40            |
| Runde               | 2.00        | 12:28         | 6:14            | 32          | 4:52           | 108          | 5:10            | 4.00        | 24:55         | 6:13            | 1           | -              | 96           | 7:11            |
| Runde               | 2.00        | 12:24         | 6:12            | 29          | 4:36           | 103          | 5:03            | 6.00        | 37:19         | 6:13            | 1           | -              | 96           | 10:52           |
| Runde               | 2.00        | 12:43         | 6:21            | 31          | 4:46           | 103          | 5:24            | 8.00        | 50:02         | 6:15            | 1           | -              | 96           | 14:47           |
| Leichtathletikhalle | 2.00        | 12:35         | 6:17            | 30          | 4:47           | 103          | 5:20            | 10.00       | 1:02:37       | 6:15            | 31          | 24:00          | 105          | 26:24           |