



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

Schulz, Matthias

Club: Döllstädt

Number: 1510

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 50:08

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 317 (of 618)

Rank in course/Men: 288 (of 500)

Best time in course: 31:03

Rank in category: 101(of 171)

Best time in the category: 34:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	2.00	9:14	4:36	64	2:36	183	3:11	2.00	9:14	4:36	165	0:44	484	0:44			
Runde	2.00	9:56	4:58	112	3:05	303	3:50	4.00	19:10	4:47	153	4:52	422	6:52			
Runde	2.00	10:16	5:08	119	3:08	325	4:02	6.00	29:26	4:54	151	7:46	442	10:54			
Runde	2.00	10:30	5:15	121	3:30	341	4:14	8.00	39:56	4:59	145	10:57	415	15:08			
Leichtathletikhäl	2.00	10:12	5:05	115	3:17	326	4:01	10.00	50:08	5:00	101	15:36	289	23:40			