



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Weinert, Marco

Club: Sparkasse Mittelthüringen

Number: 1250

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 50:30

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 324 (of 618)

Rank in course/Men: 295 (of 500)

Best time in course: 31:03

Rank in category: 62(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:22	5:41	74	5:19	431	5:19	2.00	11:22	5:41	28	1:34	347	2:52
Runde	2.00	10:23	5:11	67	4:09	379	4:17	4.00	21:45	5:26	31	3:12	450	9:27
Runde	2.00	10:11	5:05	60	3:57	310	3:57	6.00	31:56	5:19	31	3:06	370	13:24
Runde	2.00	9:49	4:54	56	3:33	247	3:33	8.00	41:45	5:13	31	3:01	447	16:57
Leichtathletikhalle	2.00	8:45	4:22	34	2:34	128	2:34	10.00	50:30	5:02	63	24:02	296	24:02