



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schneider, Daniel

Club: Erfurt

Number: 1138

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 44:45

Speed: 13.41 km/h

Running performance: 4:28 min/km

Rank in course/Total: 147 (of 618)

Rank in course/Men: 138 (of 500)

Best time in course: 31:03

Rank in category: 5(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:42	4:20	6	2:26	133	2:39	2.00	8:42	4:20	4		21	0:12
Runde	2.00	8:21	4:10	4	1:46	73	2:15	4.00	17:03	4:15	4		457	4:45
Runde	2.00	9:18	4:39	7	2:37	186	3:04	6.00	26:21	4:23	4		18	7:49
Runde	2.00	9:18	4:39	5	2:35	167	3:02	8.00	35:39	4:27	4		454	10:51
Leichtathletikhalle	2.00	9:06	4:32	7	2:29	174	2:55	10.00	44:45	4:28	5	11:53	139	18:17