



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Stein, André**

Club: PHOTO PERFECT Suhl

Number: 1275

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:01:59

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 584 (of 618)

Rank in course/Men: 481 (of 500)

Best time in course: 31:03

Rank in category: 164 (of 171)

Best time in the category: 34:32

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |  |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|                     |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Runde               | 2.00        | 12:33         | 6:16            | 170         | 5:55           | 492         | 6:30          | 2.00          | 12:33         | 6:16            | 129         | 4:03           | 361        | 4:03          |  |
| Runde               | 2.00        | 12:52         | 6:26            | 170         | 6:01           | 492         | 6:46          | 4.00          | 25:25         | 6:21            | 161         | 11:07          | 466        | 13:07         |  |
| Runde               | 2.00        | 12:42         | 6:20            | 167         | 5:34           | 489         | 6:28          | 6.00          | 38:07         | 6:21            | 159         | 16:27          | 463        | 19:35         |  |
| Runde               | 2.00        | 12:07         | 6:03            | 161         | 5:07           | 464         | 5:51          | 8.00          | 50:14         | 6:16            | 159         | 21:15          | 463        | 25:26         |  |
| Leichtathletikhalle | 2.00        | 11:45         | 5:52            | 159         | 4:50           | 456         | 5:34          | 10.00         | 1:01:59       | 6:11            | 164         | 27:27          | 482        | 35:31         |  |