



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

Hesse, Uwe

Club: Runingclinic

Number: 321

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:00

Speed: 14.35 km/h

Running performance: 4:04 min/km

Rank in course/Total: 16 (of 81)

Rank in course/Men: 16 (of 68)

Best time in course: 37:22

Rank in category: 2(of 5)

Best time in the category: 44:52