



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

**Steinwachs, Bert**

Club: SV Normania Treffurt  
Number: 329

Course: 11.30 km  
Langdistanz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 49:43

Speed: 13.28 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 30 (of 81)

Rank in course/Men: 30 (of 68)

Best time in course: 37:22

Rank in category: 5(of 8)

Best time in the category: 43:31