



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt  
Number: 325

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:48

Speed: 13.25 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 31 (of 81)

Rank in course/Men: 31 (of 68)

Best time in course: 37:22

Rank in category: 6(of 12)

Best time in the category: 44:18