



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

ernst, beate

Club: Verein für Ges. und Rehasport Tabarz
Number: 309

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 49:50

Speed: 13.24 km/h
Running performance: 4:25 min/km

Rank in course/Total: 33 (of 81)

Rank in course/Women: 1 (of 13)

Best time in course: 49:50

Rank in category: 1(of 3)

Best time in the category: 49:50