



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Heinzeroth, Jörg

Club: Gerstungen

Number: 351

Course: 11.30 km

Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 51:37

Speed: 12.79 km/h

Running performance: 4:34 min/km

Rank in course/Total: 37 (of 81)

Rank in course/Men: 36 (of 68)

Best time in course: 37:22

Rank in category: 8(of 13)

Best time in the category: 43:51