



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen
Number: 292

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 53:00

Speed: 12.45 km/h
Running performance: 4:41 min/km

Rank in course/Total: 41 (of 81)

Rank in course/Women: 2 (of 13)

Best time in course: 49:50

Rank in category: 1(of 2)

Best time in the category: 53:00