



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Weißhaar, Dirk

Club: SV Blau Weiß 90 Creuzburg
Number: 324

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:30

Speed: 12.34 km/h
Running performance: 4:44 min/km

Rank in course/Total: 43 (of 81)

Rank in course/Men: 41 (of 68)

Best time in course: 37:22

Rank in category: 10(of 13)

Best time in the category: 43:51