



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Kämper, Anke

Club: Fit & Run
Number: 315

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 53:32

Speed: 12.33 km/h
Running performance: 4:44 min/km

Rank in course/Total: 44 (of 81)
Rank in course/Women: 3 (of 13)
Best time in course: 49:50

Rank in category: 2(of 2)
Best time in the category: 53:00