



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Heinrich, Matthias

Club: BOSCH

Number: 363

Course: 11.30 km

Langdistanz

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:10

Speed: 11.75 km/h

Running performance: 4:58 min/km

Rank in course/Total: 48 (of 81)

Rank in course/Men: 45 (of 68)

Best time in course: 37:22

Rank in category: 3(of 5)

Best time in the category: 49:27