



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

**Päsler, Ralf**

Club: JUWI 100% EE  
Number: 360

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 56:51

Speed: 11.61 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 52 (of 81)

Rank in course/Men: 48 (of 68)

Best time in course: 37:22

Rank in category: 5(of 5)

Best time in the category: 49:27