



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Moog, Bernd

Club: Eschwege

Number: 301

Course: 11.30 km

Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:22

Speed: 11.50 km/h

Running performance: 5:05 min/km

Rank in course/Total: 56 (of 81)

Rank in course/Men: 51 (of 68)

Best time in course: 37:22

Rank in category: 10(of 12)

Best time in the category: 44:18