



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer Mühlhausen  
Number: 289

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 58:14

Speed: 11.33 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 62 (of 81)

Rank in course/Women: 8 (of 13)

Best time in course: 49:50

Rank in category: 2(of 2)

Best time in the category: 57:22