



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Rikirsch, Roland

Club: Blau-Weiß Creuzburg
Number: 322

Course: 11.30 km
Langdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 58:52

Speed: 11.21 km/h
Running performance: 5:13 min/km

Rank in course/Total: 65 (of 81)

Rank in course/Men: 57 (of 68)

Best time in course: 37:22

Rank in category: 2(of 5)

Best time in the category: 57:31