



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt  
Number: 330

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 59:48

Speed: 11.04 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 69 (of 81)  
Rank in course/Women: 10 (of 13)

Best time in course: 49:50

Rank in category: 3(of 3)  
Best time in the category: 49:50