



Winterlaufserie 2012, 1. Lauf  
Creuzburg / 29.01.2012

Detailed evaluation

Schwanenberger, Sabine

Club: Team Karlskuppe  
Number: 317

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:56

Speed: 10.49 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 75 (of 81)  
Rank in course/Women: 12 (of 13)  
Best time in course: 49:50

Rank in category: 2(of 3)  
Best time in the category: 57:41