



Winterlaufserie 2012, 1. Lauf
Creuzburg / 29.01.2012

Detailed evaluation

Rödel, Jörg

Club: SV Mihla
Number: 328

Course: 11.30 km
Langdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:08:20

Speed: 9.66 km/h
Running performance: 6:03 min/km

Rank in course/Total: 78 (of 81)

Rank in course/Men: 66 (of 68)

Best time in course: 37:22

Rank in category: 4(of 5)

Best time in the category: 57:31