



Winterlaufserie 2012, 2. Lauf  
Creuzburg / 26.02.2012

Detailed evaluation

Lämmerhirt, Silke

Club: Eisenach

Number: 441

Course: 11.30 km

Langdistanz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:01:36

Speed: 10.71 km/h

Running performance: 5:27 min/km

Rank in course/Total: 85 (of 102)

Rank in course/Women: 16 (of 23)

Best time in course: 50:40

Rank in category: 6(of 9)

Best time in the category: 50:40