



Winterlaufserie 2012, 2. Lauf  
Creuzburg / 26.02.2012

Detailed evaluation

Matthes, Jan

Club: Lauffreud Breitungun  
Number: 400

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:03:07

Speed: 10.46 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 88 (of 102)

Rank in course/Men: 71 (of 79)

Best time in course: 37:05

Rank in category: 6(of 6)

Best time in the category: 43:39