



Winterlaufserie 2012, 2. Lauf  
Creuzburg / 26.02.2012

Detailed evaluation

Hecht, Heike

Club: Spargelläufer Herbsleben  
Number: 407

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:14:18

Speed: 8.88 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 101 (of 102)

Rank in course/Women: 22 (of 23)

Best time in course: 50:40

Rank in category: 9(of 9)

Best time in the category: 50:40