



Winterlaufserie 2012, 2. Lauf  
Creuzburg / 26.02.2012

Detailed evaluation

Metz, Karin

Club: Spargelläufer Herbsleben  
Number: 388

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:20:18

Speed: 8.22 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 102 (of 102)

Rank in course/Women: 23 (of 23)

Best time in course: 50:40

Rank in category: 1(of 1)

Best time in the category: 1:20:18