



Winterlaufserie 2012, 2. Lauf
Creuzburg / 26.02.2012

Detailed evaluation

Siemon, Thomas

Club: Creuzburg
Number: 431

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:56

Speed: 14.37 km/h
Running performance: 4:04 min/km

Rank in course/Total: 15 (of 102)

Rank in course/Men: 15 (of 79)

Best time in course: 37:05

Rank in category: 2(of 16)

Best time in the category: 44:48