



Winterlaufserie 2012, 2. Lauf
Creuzburg / 26.02.2012

Detailed evaluation

Kramer, Michael

Club: Lauffreß Breitungem
Number: 450

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 46:53

Speed: 14.08 km/h
Running performance: 4:09 min/km

Rank in course/Total: 19 (of 102)

Rank in course/Men: 19 (of 79)

Best time in course: 37:05

Rank in category: 3(of 13)

Best time in the category: 43:58