



Winterlaufserie 2012, 2. Lauf  
Creuzburg / 26.02.2012

Detailed evaluation

**Rosenbaum, Ralf**

Club: SV Triathlon Friedrichroda  
Number: 410

Course: 11.30 km  
Langdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 48:19

Speed: 13.66 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 25 (of 102)

Rank in course/Men: 25 (of 79)

Best time in course: 37:05

Rank in category: 5(of 13)

Best time in the category: 43:58