



Winterlaufserie 2012, 2. Lauf
Creuzburg / 26.02.2012

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt
Number: 453

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:03

Speed: 13.46 km/h
Running performance: 4:20 min/km

Rank in course/Total: 31 (of 102)

Rank in course/Men: 31 (of 79)

Best time in course: 37:05

Rank in category: 6(of 16)

Best time in the category: 44:48