



Winterlaufserie 2012, 2. Lauf
Creuzburg / 26.02.2012

Detailed evaluation

Montag, Holger

Club: SV Normania Treffurt
Number: 452

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 52:27

Speed: 12.58 km/h
Running performance: 4:38 min/km

Rank in course/Total: 45 (of 102)

Rank in course/Men: 44 (of 79)

Best time in course: 37:05

Rank in category: 10(of 13)

Best time in the category: 43:58